

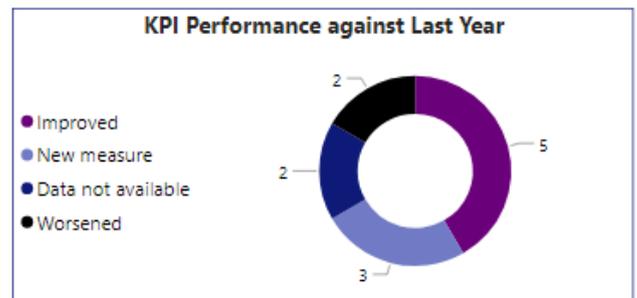
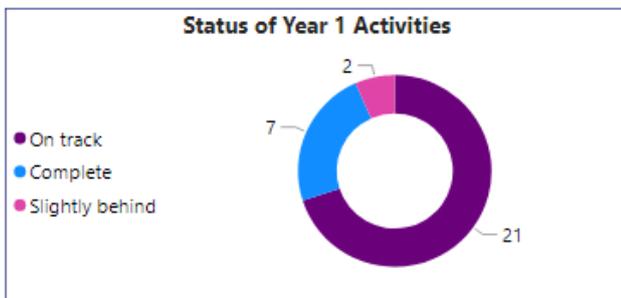
The Barnet Plan 2021-25: Healthy

We aim to be the healthiest borough in London with fantastic facilities for all ages, enabling people to live happy & healthy lives

Current Progress Status by Objective

Reporting Period:
2021-22 Quarter 2

Objective	Status	Direction of Travel on Last Quarter
Bring health and care together	Good	N/a
Support residents to maintain their strengths and independence	Good	N/a
Residents lead active, healthy lifestyles	Good	N/a
Residents maintain their mental health	Good	N/a
Tackling domestic abuse and gender based violence	Good	N/a
Address the longer-term impacts of COVID-19 on communities	Good	N/a
Homelessness Prevention	Good	N/a



Objective: Bring health and care together

Year 1 Activities (2021-22)	Status as at end of Quarter 2 2021-22	Narrative on Progress as at end of Quarter 2 2021-22
Work with health and Voluntary, Community and Faith sector partners to develop the Barnet Integrated Care Partnership (ICP). This will include extending the range of projects and initiatives, implementing new programmes of work and developing governance in preparation for implementation of a statutory integrated care system.	On track	<p>Barnet Integrated Care Partnership have already delivered a range of priorities against this in 2020-21, this included extending the range of projects and initiatives that come under its remit, implementing new programmes of work and developing its governance in preparation for the implementation of a statutory Integrated Care System (ICS).</p> <p>Priorities for 2020-21 that have been delivered are:</p> <ol style="list-style-type: none"> 1. Same Day Access & Discharge 2. Integrated Discharge Team 3. Integrated Care Pathways 4. Clinical support to care homes <p>The new work programme is in development. Priorities are:</p> <ol style="list-style-type: none"> 1. Children & Young Persons Health 2. Mental Health & Dementia 3. Health Inequalities 4. Co-production and engagement 5. Development of neighbourhood models of working 6. Developing governance and organisational development. <p>Involvement with Voluntary and Community Sector (VCS) is being strengthened, with new VCS members joining the board and a new co-production stream implemented as part of the work programme.</p>

Year 1 Activities (2021-22)	Status as at end of Quarter 2 2021-22	Narrative on Progress as at end of Quarter 2 2021-22
Further develop the Integrated Discharge team model to ensure residents leaving hospital get the right care and support, in the right place and in a timely fashion. This will include embedding and mainstreaming the service model into 'business as usual', confirming funding and delivery levels for all partners and ensuring compliance with expected new legislation which will make the model a statutory requirement.	Complete	The integrated discharge team (IDT) was implemented in rapid time in response to the pandemic, as required by the national discharge guidance issued in March 2020. The model has led to a better experience for residents. It has had a significant impact in helping save bed days by reducing length of stay and massively avoiding what would have been delayed transfers of care.
Complete the transition back from central government funding of the initial period of post-hospital care without adding significant delay into the system. Ensure all residents who need one get a full Care Act assessment and a financial assessment.	Complete	Completed as part of Integrated Discharge Team implementation.
Embed new models of quality and clinical in-reach support to care providers and sustain the services over the longer term.	Complete	The model has been successfully implemented as part of Barnet Integrated Care Partnership (ICP) workplan 2020-21. Next considerations are: 1. Communication & Engagement: Like all services there is a need to continuously engage with all stakeholders. The team will continue to work with both primary care and the care homes providers to ensure that all practices and care homes are aware of the service offer 2. Agree sustainable funding: It is anticipated that the LCS, will ensure that all practices can have the ability to attend multi-disciplinary sessions and support team in the delivery of proactive care. Commissioners to secure funding for both service elements 3. Workforce: As we move back to business as usual a key next step for the service will be to review the team capacity and ensure that it is in line with service demands.
Working with primary care networks, implement a model of community based multidisciplinary support for people with dementia, frail older people and their carers. Additionally, expand the model to achieve borough-wide coverage subject to the outcomes of the pilot. Develop neighbourhood based multi-agency working to address the wider determinants of health	On track	We have worked with primary care network 5 (covering Golders Green, Hendon, Brent Cross, Childs Hill and West Hendon), to implement a new model of community based multi-disciplinary dementia support for people with dementia and their carers. This involves a specialist dementia nurse, input from the council's specialist dementia support team, and the implementation of multi-disciplinary case management (MDT). This is currently in the pilot stage and work is underway to look at aligning the model with the Primary Care Network 2 Frailty MDT to create an efficient and patient focused model across Barnet. The multi-disciplinary frailty model will be rolled out across Barnet.
Develop neighbourhood based multi-agency working to address the wider determinants of health	On track	ICP delivery board has been exploring opportunities for 'neighbourhood working', looking at the pilot project in Grahame Park and the Manchester local care model. A working group is being brought together to develop this further.

Year 1 Activities (2021-22)	Status as at end of Quarter 2 2021-22	Narrative on Progress as at end of Quarter 2 2021-22
Develop a health improvement and prevention approach to address health inequalities in communities	On track	Work is being led by Deputy Director of Public Health and Primary Care Network (PCN) Clinical Director. We have been developing a health improvement and prevention approach to address health inequalities in Black, Asian and minority ethnic communities, building on work initiated through the Covid-19 vaccination programme. Childhood immunisations and Cardiovascular Disease prevention have been identified as the two areas of short-term focus, with an emphasis on building trust in the community and reaching targeted high-risk populations to reduce the equality gaps. The programme aims to take a population health approach as recommended for Integrated Care Partnerships (ICPs) by NHS England concentrating on a holistic approach to health and wellbeing and addressing the wider determinants of health through engaging communities in neighbourhoods. In addition, Barnet ICP submitted two proposals to North Central London Clinical Commissioning Group (NCL CCG) Inequalities Fund.

Outcome Performance Indicators

Specific outcome performance indicators are under development. The below indicators monitor demand coming from hospital pathways into social care and the cumulative number of clients with joint funding (CHC) arrangements. These are local measures based on the national discharge to assess health and care pathways established in 2020-21. Throughout quarter 2, adult social care services have continued to receive a high volume of contacts, especially for support upon discharge from hospital, although the number of clients with joint funding arrangements has not increased in line with the rise in hospital discharges.

Key Performance Indicators

Indicator	Latest Data Available	Target	Actual	DoT on Last Year	
Number of hospital discharges in the year (pathway 0,1,2 or 3)	2021-22 Q2	Monitor	2960	Improved	▲
Number of clients with joint funding (Continuing Health Care) arrangements	2021-22 Q2	Monitor	315	Worsened	▼

Objective: Support residents to maintain their strengths and independence

Year 1 Activities (2021-22)	Status as at end of Quarter 2 2021-22	Narrative on Progress as at end of Quarter 2 2021-22
Continue to develop our two new extra care schemes, Atholl House in Burnt Oak, due for completion in Spring 2022, and Cheshir House in Hendon, due for completion in Summer 2023.	On track	We have been continuing to develop our two new extra care schemes, Atholl House in Burnt Oak, due for completion in Spring 2022, and Cheshire House in Hendon, due for completion in Summer 2023. Work is now underway to develop the service specification for the support provision, drawing on local examples, best practice and informed by the experience of commissioning the service at Ansell Court in Mill Hill
Work with our partners and commissioned services to ensure services adapt and are able to most effectively support residents with a learning disability or mental ill-health to enter or stay in the paid workforce.	On track	Employment action plan is being developed. Working closely with the council's employment and skills steering group.

Year 1 Activities (2021-22)	Status as at end of Quarter 2 2021-22	Narrative on Progress as at end of Quarter 2 2021-22
Working with Family Services, develop new ways to expand choice of care and support and promote independence for young adults with learning and complex disabilities.	On track	We have been working with family services to make improvements in the transition pathways for young adults with learning and complex disabilities. These are making the experience for residents and their families smoother and more coherent. Together with Family Services, we have also recommissioned the Accommodation & Support offer to include the required evidence based capacity in the provision of supported living units and support.
Explore opportunities to increase the number of people that can benefit from the work of our prevention and wellbeing team, delaying or avoiding the need for adult social care.	Complete	The Prevention & Wellbeing Team has been expanded, with increased capacity to support. We will also continue to offer support to help residents remain independent by providing equipment that allows people to stay more independent at home and use assistive technology to support residents to maintain their independence and stay safe and connected in their homes and out in the community. Closed action, with continued business as usual activity reported as part of Adults & Safeguarding Committee.
Continue to deliver the priorities agreed in the Autism Action Plan, including working on the diagnostic pathway, awareness training and peer support for people with autism in our community, employment and skills.	Slightly behind	The Autism Action Plan is an ambitious, multi-agency delivery plan, and while actions are progressing, the scale of the change has meant that some projects are not delivering against initially agreed deadlines. A Barnet ASAP Task Finish Group has been established to take this workstream forward. Membership includes Adults Social Care, Family Services and the Clinical Commissioning Group (CCG). Prevention and Early Help are key for the action plan, including in our focus on awareness and diagnosis, and in reviewing respite/short breaks offer, formalising buddying networks and our development of diagnostic pathways. Autistic Spectrum Condition Employment Action Plan has also been developed, with actions being carried out together with partners, including support into internships and employment.
Complete work on our Dementia strategy, which will set out our commissioning intentions and priorities to improve outcomes for people with dementia and their carers.	On track	Work to develop the dementia strategy is underway. To ensure the strategy accurately reflects local needs and challenges, further engagement is due to be arranged with residents, families, carers and other key stakeholders.
Undertake a strategic review of respite support for older people, including people living with dementia and people with learning disabilities.	Slightly behind	This work has been subject to delay due to the closure or reduced running of respite services during the pandemic and the need to assess demand once service fully reopened and resident usage reached consistent levels. It remains a priority in the coming 6 months to finish the strategic review and present options.

Outcome Performance Indicators

Indicator	Latest Data Available	Target	Actual	DoT on Last Year	
% of adults with learning disabilities who live in their own home or with their family	2021-22 Q1	Maintain or increase	77.8	Improved	▲
% of people who feel in control of their own lives - annual survey last done pre-Covid-19	2019-20	Maintain or increase	75.9	Improved	▲

Key Performance Indicators

Indicator	Latest Data Available	Target	Actual	DoT on Last Year	
Permanent admissions to residential and nursing care homes, per 100,000 population age 65+	2021-22 Q2	Maintain or reduce	209.7	Worsened	▲
Permanent admissions to residential and nursing care homes, per 100,000 population age 18-64	2021-22 Q2	Maintain or reduce	3.3	Improved	▲
% of contacts signposted or provided with information, advice and guidance	2021-22 Q2	Data not available	Data not available	Data not available	—
% of safeguarding outcomes achieved (against number of people raising a concern or enquiry through safeguarding)	2021-22 Q2	Data not available	Data not available	Data not available	—

Objective: Residents lead active, healthy lifestyles

Year 1 Activities (2021-22)	Status as at end of Quarter 2 2021-22	Narrative on Progress as at end of Quarter 2 2021-22
Develop an updated Fit and Active Barnet (FAB) strategy that builds on our previous success to deliver positive outcomes for residents; implement our FAB campaign by developing and delivering behavioural change campaigns, working with partners and connecting to national campaigns such as 'This Girl Can' and 'We are Undefeatable'.	On track	Fit and Active Barnet (FAB) supports residents to be active, a key prevention activity that encourages healthy lifestyles. The draft FAB Framework will be going to Adults & Safeguarding Committee on 11 January 2022, whereafter public consultation will take place. Draft priorities and objectives are being drafted to align with feedback from various engagement sessions (and continue to do so): 1. FAB People: increase physical activity levels amongst people of all ages, backgrounds, and abilities across the borough; 2. FAB Place: influence and promote environments that support residents to lead more active and healthier lifestyles; 3. FAB Partnership: work together to make physical activity everybody's business.
Increase physical activity levels in the borough through targeted work with groups who are less active and opportunities for physical activity that increase wellbeing and sustainability.	On track	This has been incorporated within the refreshed Fit and Active Barnet (FAB) Framework and continues to be a focus area for the Partnership. During Quarter 2 the council and GLL worked together to reinstate a full sport, health and community programme across all facilities. As a result, the total live membership base is now operating at 85% of pre-pandemic levels and Leisure centre attendance has seen a rise.
Continue to invest in our leisure centres, enhancing facilities and developing longer term plans.	On track	Place is a key priority in the Fit and Active Barnet (FAB) Framework which recognises the importance of the environment and community spaces e.g., parks, leisure centres, schools, community centres, in supporting residents to lead active and healthier lifestyles. The draft refreshed Framework is aligned with Parks and Open Spaces Strategy, Growth and Development Strategy and Long Term Travel Strategy, which seeks to protect, enhance and develop these facilities. The leisure team also continue to review enhancement and improvement opportunities for the borough's leisure facilities.

Year 1 Activities (2021-22)	Status as at end of Quarter 2 2021-22	Narrative on Progress as at end of Quarter 2 2021-22
Create more opportunities for healthier eating via the launch of the Healthier High Streets programme to encourage local hospitality businesses to become partners in Healthier Catering, London Refill (reusable water stations) and Breastfeeding Welcome.	On track	We have successfully recruited to the post of Public Health Business Engagement Officer who will lead on the implementation of the Healthier High Streets programme which is due to formally launch in Winter 2022. Website content to support the programme has been published and we are working with stakeholders to ensure information is linked to all relevant webpages.
Deliver a healthy eating campaign focusing on food budgeting, reading labels, smart shopping and healthier cooking; working with local partners and connecting to national campaigns such as Change for Life.	On track	New content on budget cooking and healthy eating has been added to the Barnet website. The videos and worksheets were commissioned from Bread n' Butter. These videos will be used as part of a large healthy lifestyle campaign launching in January. In addition, Barnet Council participated in the national Sugar Smart week, working with families via early years and schools settings. We have 56 organisations who have signed up to be Sugar Smart partners.
Increase the number of residents supported to eat well through weight management services. We will work with NHS partners to deliver the new digital weight management service and our local specialist weight management dietetics service. These will be delivered alongside the existing National Diabetes Prevention Programme and the Better Leisure Weight Management Programme.	On track	Projects are being delivered. Key updates include: 1. We have been awarded the specialist dietetics service to Everyone Health Ltd and have identified three GP practices who will be piloting the service. Mobilisation will commence in December 2021 and patients will begin accessing the service in Winter 2022; 2. Referrals to the National Diabetes Prevention Programme continue to grow. We are now in the process of re-procuring the service for April 2023; 3. In the previous quarter, there were 51 new referrals to our existing Adult Weight Management service provided by Better Leisure; 4. The new national digital weight management service launched in September. We participated in a workshop for Barnet GP's, providing an overview of the referral process into all new and existing Adult Weight Management services.

Outcome Performance Indicators

Indicator	Latest Data Available	Target	Actual	DoT on Last Year	
% of Adults (16+) who are active for at least 150 minutes a week - reported twice a year	2021-22 Q1	60.5	60.5	Data not available	—
% of residents who agree that LBB is a place that supports them to live a healthier life	2020-21 Q3	Increase	62	No recent data	—

Key Performance Indicators

Delivery of Fit and Active Barnet (FAB) opportunities

Work is continuing with partners, stakeholders and community groups to develop a new Fit and Active Barnet Framework; a future report will be presented to Adults & Safeguarding Committee on a draft strategy for approval to progress with public consultation.

Objective: Residents maintain their mental health

Year 1 Activities (2021-22)	Status as at end of Quarter 2 2021-22	Narrative on Progress as at end of Quarter 2 2021-22
Working in partnership with key prevention voluntary community sector providers such as Community Barnet, Mind, Meriden Wellbeing service to increase knowledge of support and raise awareness including online advice	On track	During Quarter 2, the Barnet Wellbeing Service, commissioned by North Central London Clinical Commissioning Group (NCL CCG) Barnet Directorate, held a network event at the Meriden Wellbeing centre. The event promoted mental health support and services available to Barnet residents and was attended by stakeholders from across health, social care and the voluntary community sector. Making Every Contact Count (MECC) has been introduced, including a range of factsheets that offer support and advice on how to manage or improve our mental health and wellbeing at different stages of life. The resource is being promoted across the Council, including to our voluntary community sector.
Develop a multi-agency suicide prevention strategy with particular focus on groups such as older men, and implement the strategy's actions for Year 1	On track	Multi-agency Barnet Suicide Prevention Partnership 2021-25 is in place, and strategy is in development.
Promote and support wellbeing events to raise awareness such as Mental Health Awareness Week and Suicide Prevention Month	Complete	Suicide Prevention Campaign was launched in October. The campaign focuses on three areas: 1. Awareness building and asking residents to download the 'Stay Alive' suicide prevention app. packed full of useful information and resources to help you stay safe 2. Training and upskilling those in male dominated industries and encouraging the public to do the Zero Suicide Alliance training 3. Setting up a local Andy's Man Club offering peer to peer support for men, where men can speak openly about their mental health in a judgment free, non-clinical confidential environment.
Work closely with Barnet, Enfield and Haringey Mental Health Trust to ensure that their transformation programme for community mental health services most effectively meets the needs of Barnet residents.	On track	We continue to actively engage with Barnet Enfield and Haringey (BEH) on this work. This has particularly focused on areas of overlap including how social work practitioners work effectively with their health colleagues and the commencement of a new contract with a voluntary community sector consortium to provide a range of community services.
Work with North Central London Clinical Commissioning Group and partners to improve the multi-agency model of care and support for people with severe mental illness. This will include: an enhanced community-based offer, including physical health, employment support, personalised care, medicines management, a preventative approach with a focus on reducing health inequalities, and support for self-harm and substance misuse; services for mental health aligned with primary care networks; and improved crisis support.	On track	The Council, Clinical Commissioning Group (CCG) and Trust have been working collaboratively to support further development and implementation of the new community mental health model for people with severe and enduring mental health illness which is being piloted in a Primary Care Network. As part of this work the council is working with the Trust to improve provision of community mental health rehabilitation and mental health pathways.

Outcome Performance Indicators

Indicator	Latest Data Available	Target	Actual	DoT on Last Year	
% of adults in contact with (secondary) mental health services in paid employment - annual in arrears	2020-21	Maintain or increase	7.0	Improved	▲

Key Performance Indicators

Number of people accessing the Network and associated outcomes

The new Mental Health social care hub has now been set up and will manage all enquiries to ensure a joined up approach; monitoring of case referrals and outcomes is being established and it is expected that reporting will be available early next year. The Network, which is the Mental Health enablement team, continue to see an increase in referrals for people who require support to stay well. The service provide both 1-1 support and group work for individuals and have over the last quarter reviewed and changed some of the group work to reflect the increase of demand on the service and the complexity of people being referred. A Mental Health carers group has been introduced due to the increase in referrals relating to carers struggling to support relatives, this was especially evidenced as a need during and post pandemic. The service have also linked with the carers centre to ensure that there is some joined up thinking. A men's group has been set up in response to men not feeling confident talking about their mental health and needing a safe place to do so, this has proven to be very successful, and staff within Barnet have also been offered the opportunity to join the group.

Objective: Tackling domestic abuse and gender based violence

Year 1 Activities (2021-22)	Status as at end of Quarter 2 2021-22	Narrative on Progress as at end of Quarter 2 2021-22
Specific activities will be included in the Violence Against Women and Girls (VAWG) strategy which will go to The Barnet's Safer Community Partnership Board for approval in January 2022	On track	It has been agreed to title the strategy 'Domestic Abuse (DA) and Violence Against Women and Girls (VAWG) Strategy 2021-2024'. The Strategy is currently out for public consultation until 20th of Dec. Proposed draft aims are: <ol style="list-style-type: none"> 1. Early Intervention and Prevention of Domestic Abuse and Violence Against Women and Girls 2. Support all victims and survivors to report, access help and recover 3. Pursue perpetrators and engage them in behaviour change interventions to eliminate harm to victims and their families 4. Strengthen the partnership response to improve multiagency working and information sharing to deliver improved outcomes 5. Working together for safer streets, community and public spaces. The DA and VAWG strategy and action plan can be found on Engage Barnet and we welcome feedback from residents, staff and all partners

Outcome Performance Indicators

Outcome performance indicators for this objective will be confirmed in line with the drafting of the VAWG strategy and outcomes of the consultation. In the 12 months up to 30 September 2021, Barnet's rate of domestic violence incidents was 8.2 per 1000 population, which is the 4th lowest of the 32 London boroughs.

Key Performance Indicators

Indicator	Latest Data Available	Target	Actual	DoT on Last Year		
Number of domestic abuse cases reported	2021-22 Q2	Monitor	543	New measure	—	
Number of service users reported to our support services	2021-22 Q2	Monitor	333	New measure	—	
Number of service users supported through our support services	2021-22 Q2	Monitor	333	New measure	—	

Objective: Address the longer-term impacts of COVID-19 on communities

Year 1 Activities (2021-22)	Status as at end of Quarter 2 2021-22	Narrative on Progress as at end of Quarter 2 2021-22
Develop an insight led dashboard to identify areas which have been most impacted by the Covid-19 pandemic, to track the longer term impacts of the pandemic and the effectiveness of interventions	Complete	A Dashboard was created. Current reporting has been reviewed and overview approach agreed for the information. JSNA section on Covid-19 will be created - this will replace the existing Dashboard.
Develop an overview strategy that brings together the various delivery plans which sit in other areas of the Barnet Plan, such as unemployment, homelessness and financial vulnerability	Complete	Strategy Plan has been developed and discussed at Council Management Team (CMT). The aim of the plan is to provide a forum for discussing and analysing issues from a Covid-19 perspective, support a joint-up strategical approach to addressing the longer-term social and economic impacts of Covid-19. Any actions will be delivered as part of referenced plans / projects, which sit in different areas of the Barnet Plan, such as unemployment, homelessness and financial vulnerability. The work has identified areas of additionality, where additional investment is required, focused on mental health and employment outreach/support, including additional support in Temporary Housing; for Young Carers, residents with Autism or that are blind. A focused version of the Strategy will be developed for residents / members.
Engage and work in partnership with key stakeholders (such as Adults Voluntary and Community Sector liaison group, LBB Partnership Board members and Adults Voluntary, Community and Faith Sectors forum) to inform the development of the strategy and associated delivery plans	On track	Engagement activity has been carried out with internal stakeholders and with the Partnership Board, the Adults Voluntary Community Sector (VSC) Liaison Group to inform the draft plan to date. Further engagement will occur over the coming year to inform any further changes to the plan and support monitoring of activities occurring, for example, quarterly engagement with Barnet's VCS providers, residents perception survey and other stakeholders across the council. This also includes 1:1 meetings with key partners of Barnet Partnership Board, with the aim of expanding the work into a partnership plan.

Key Performance Indicators	Outcome Performance Indicators
Addressing the longer-term impacts of COVID-19 is a cross-cutting objective for the Barnet Plan; as such the developed strategy and insight approach provides the framework for monitoring the longer term impacts of the pandemic and the effectiveness of interventions implemented as a result. Specific performance indicators are already being reported elsewhere in the Outcomes Framework and these will be referenced within the developed overview strategy.	

Objective: Homelessness Prevention

Year 1 Activities (2021-22)	Status as at end of Quarter 2 2021-22	Narrative on Progress as at end of Quarter 2 2021-22
Review our Homelessness Strategy, with a focus on prevention. This will include the completion of a health needs assessment for rough sleepers, an initial scoping exercise to review the effectiveness of homeless prevention partnership working across the borough, the impact on the customer and how a local forum / partnership can best deliver the refreshed aims of the Homelessness and Rough Sleeping Strategy 2019-2024	On track	The Homelessness Prevention Insight Project is taking place, with a final report expected in March 2022. This will include customer journey activities and mapping. The overarching purpose is to understand the full range of homelessness early intervention and prevention (EIP) activities taking place across the borough. It is primarily a scoping exercise interested in 'what's' and 'how's' of EIP activities. It will develop an evidence base from which good practice and areas for improvement can be identified.

Outcome Performance Indicators

Indicator	Latest Data Available	Target	Actual	DoT on Last Year		
Number of households approaching for housing assistance year to date	2021-22 Q2	Monitor	1,362	Not comparable - demand led	—	
Cost of households in temporary accommodation (£)	2021-22 Q2	Data not available	Data not available	Data not available	—	

Key Performance Indicators

Indicator	Latest Data Available	Target	Actual	DoT on Last Year		
Number of homelessness preventions achieved year to date	2021-22 Q2	660	632	Improved	▲	
Number of households in temporary accommodation - as at the end of the reporting period	2021-22 Q2	2,575	2,203	Improved	▲	
Of which, number of households that are families with children under 18	2021-22 Q2	Monitor	1,112	Improved	▲	
Of which, number of households that are care leavers	2021-22 Q2	Data not available	Data not available	Data not available	—	